#### **History**

The non-profit organization Shiseigakusha started as a welfare service under Government Regulation for Juvenile Delinquency in 1912. It was the origin Shiseigakusha Tachikawa Organization, which accepted by the Government as a welfare foundation in 1942. After World War II, under the new welfare law Shiseigakusha continued to provide various welfare services, including child welfare, welfare for the elderly and childcare services based on the philosophy of "a sincere heart."

Since its opening as a home for the elderly in 1951, the Shisei Senior Service Center has been responsible for welfare for the elderly in the Tachikawa area for more than half a century, and has developed pioneering projects that meet the present needs of the local community, by opening a Subsidized home for the elderly in 1963, as well as a care home for the elderly and a pioneering day care center (day service center) in 1977.

In 1998 Shiseigakusha was divided into two separate foundations, Shiseigakusha Tachikawa and Shiseigakusha Tokyo.

A unit-based care home for the elderly was established in April 2000. In April 2003, a group living home (Supported independent life style unit care Group home) was established as an alternative to the Care home for the elderly, suggesting a new lifestyle for the elderly.

The Shisei Senior Service Center started a base for new services to develop services in cooperation with local NPOs in Higashi Motomachi, Kokubunji City in 2006. In 2009, a community-based facility, the Shisei Home Minna, was established in Namiki-cho, Kokubunji City. The idea of this home is to interact between generations.

This home strives every day to provide comprehensive services that support the lives of elderly persons and their families, as a residential facility and a base for in-home services.

#### A local facility

Events such as the Shisei Senior Service Center Bazaar serve as opportunities to deepen understanding for us as a local facility, with the co-hosting, cooperation and participation of the local community in order to enhance mutual exchange.

Furthermore, as part of the efforts to implement "welfare education," we are vigorously advancing exchange between neighboring elementary and middle school students and facility users.

# Calling new members to join the Supporters' Group!

The Shisei Senior Service Center Supporters' Group aims to provide financial assistance and cooperation to ensure that the facility's welfare projects for the elderly will be soundly operated. We hope that, with your support, the facility will contribute to the further improvement of the welfare of the elderly and promote more enriched projects.

### **Consultation Committee for Users**

(Third party committee)

We have established a Consultation Committee for Users, a third party organization, which can receive and provide consultation on requests, opinions and complaints about the services provided by Shisei Senior Service Center. Committee members include experts and family members of users, as well as consultation volunteers from the local community who work as advocates for the users and strive to improve the services provided by Shisei Senior Service Center. Please call Tel: 042-527-0374 with your opinions, requests and complaints.

#### Volunteer activities

Around 14000 volunteers are involved in a variety of activities at Shisei Senior Service Center every year. Volunteer coordinators can provide consultation for people who are interested in volunteer activities. Please feel free to contact us at any time.

### **Shisei Senior Service Center**

Homepage: http://www.shisei.or.jp E-mail: shisei-home@shisei.or.jp

#### Headquaters

Head Office

Shisei SWC Care Management Center

### Tachikawa Nishiki Block

Shisei Tokuyo Home Shisei Home Aurinko Wako Clinic

### Tamagawa Block

Shisei Wako Home

Shisei Home Suomi

Shisei Komi Care Center

Shisei Home Chofu Wakaba Care Center

Shisei Home Chofu Shibasaki Care Center

#### Kiitos Block

Shisei Home Kiitos

Shisei Kiitos Care Center

Kashiwa Chiiki Fukushi Service Center

#### Kokubunji Block

Shisei Home Minna

Shisei Care Center Motomachi

2018 500 ideji



District

### Shisei Gakusha Tachikawa Social Welfare Foundation

# Overview of Shisei Home

Established in 1951

Comprehensive Welfare Facility for the Elderly

#### Shisei Senior Service Center

Services and Address

| District  | Services and Address  |  |  |  |  |  |  |  |  |  |  |  |
|---|---|--|--|--|--|--|--|--|--|--|--|--|
| Nishiki-cho,  | 6-28-15 Nishiki-cho, Tachikawa City TEL: 042-527-0031(main), FAX: 042-527-264   |  |  |  |  |  |  |  |  |  |  |  |
| Tachikawa   | • Shisei Tokuyo Home (Care home for the elderly)  |  |  |  |  |  |  |  |  |  |  |  |
| City  | Shisei Home Aurinko (Care home for the elderly)   |  |  |  |  |  |  |  |  |  |  |  |
| -   | Shisei Wako Home (Subsidized home for the elderly type A)   |  |  |  |  |  |  |  |  |  |  |  |
|   | Wako Clinic   |  |  |  |  |  |  |  |  |  |  |  |
|   | Shisei Home Suomi : Care House (Supported independent life style unit)  |  |  |  |  |  |  |  |  |  |  |  |
|   | Shisei Home Suomi : Group Home (for dementia)   |  |  |  |  |  |  |  |  |  |  |  |
|   | Shisei Aurinko Day Home (Day service center)  |  |  |  |  |  |  |  |  |  |  |  |
|   | Tachikawa City Nishiki Care Support Center  |  |  |  |  |  |  |  |  |  |  |  |
|   | Shisei SWC Care Management Center (Services to make care plans for the elderly)   |  |  |  |  |  |  |  |  |  |  |  |
|   | Shisei Active Center (Day service center)   |  |  |  |  |  |  |  |  |  |  |  |
|   | • Shisei Home Suomi: Flat for the Elderly "Seseragi" (Rental flat for the elderly)  |  |  |  |  |  |  |  |  |  |  |  |
| Shibasaki-cho,  | 3-18-18 Shibasaki-cho, Tachikawa City TEL: 042-548-0752, FAX: 042-548-075   |  |  |  |  |  |  |  |  |  |  |  |
| Tachikawa   | Shisei Home Komi Home Helper Station TEL:042-548-075  |  |  |  |  |  |  |  |  |  |  |  |
| City  | Shisei Care Management Center (Services to make care plans for the elderly)   |  |  |  |  |  |  |  |  |  |  |  |
| J.1.  | Shisei Komi Home (voluntary welfare project)  TEL:042-527-955   |  |  |  |  |  |  |  |  |  |  |  |
| Saiwai-cho,   | 4-14-1 Saiwai-cho, Tachikawa City TEL: 042-538-2323(main), FAX: 042-538-232   |  |  |  |  |  |  |  |  |  |  |  |
| Tachikawa   | Shisei Kiitos Home (Unit-based care home for the elderly)   |  |  |  |  |  |  |  |  |  |  |  |
| City  | Shisei Kiitos Day Service Center  |  |  |  |  |  |  |  |  |  |  |  |
| Oity  | Tachikawa City Hokubu Naka Saiwai Regional Comprehensive Support Center   |  |  |  |  |  |  |  |  |  |  |  |
|   | Shisei Kiitos Care Management Center (Services to make care plans for the elderly)  |  |  |  |  |  |  |  |  |  |  |  |
|   | Shisei Kittos Home Helper Station   |  |  |  |  |  |  |  |  |  |  |  |
| Kashiwa-cho,  | Toei Kashiwacho Jutaku No.11, 1F, 1-12 Kashiwa-cho, Tachikawa City  |  |  |  |  |  |  |  |  |  |  |  |
| Tachikawa   | TEL: 042-535-5510, FAX: 042-535-090   |  |  |  |  |  |  |  |  |  |  |  |
|   | ,   |  |  |  |  |  |  |  |  |  |  |  |
| City  | <ul> <li>Tachikawa City Kashiwa Chiiki Fukushi Service Center (Day service center)</li> <li>Shisei Kashiwa Care Management Center (Services to make care plans for the elderly)</li> </ul>  |  |  |  |  |  |  |  |  |  |  |  |
| Namiki aha  |   |  |  |  |  |  |  |  |  |  |  |  |
| Namiki-cho,   | <b>3-12-2 Namiki-cho, Kokubunji City</b> TEL: 042-300-3700(main), FAX: 042-300-371  Shisei Home Minna Tokuyo Home (Community-oriented care facility for the elderly)  |  |  |  |  |  |  |  |  |  |  |  |
| Kokubunji   |   |  |  |  |  |  |  |  |  |  |  |  |
| City  | Shisei Home Minna Group Home     Shisei Home Minna world and the Miss actional Society  |  |  |  |  |  |  |  |  |  |  |  |
|   | Shisei Home Minna small-scale and multifunctional facility      Control of the control of t |  |  |  |  |  |  |  |  |  |  |  |
|   | Kokubunji Regional Comperhensive Support Center Namiki  |  |  |  |  |  |  |  |  |  |  |  |
|   | Shisei Home Minna Flat for the Elderly "Raku"   |  |  |  |  |  |  |  |  |  |  |  |
|   | Child Group Home "Namiki no Ie"   |  |  |  |  |  |  |  |  |  |  |  |
| Higashi   | 2-5-17 Higashimotomachi, Kokubunji City TEL: 042-301-5001, FAX: 042-301-500   |  |  |  |  |  |  |  |  |  |  |  |
| Motomachi,  | Shisei Care Center Motomachi (Services to make care plans for the elderly)  |  |  |  |  |  |  |  |  |  |  |  |
| Kokubunji   | (Day service center) TEL:042-301-700  |  |  |  |  |  |  |  |  |  |  |  |
| C:4.  | Kokubunji City Regional Comprehensive Support Center Motomachi  |  |  |  |  |  |  |  |  |  |  |  |
| City  |   |  |  |  |  |  |  |  |  |  |  |  |
| Honda   | 2-3-3 Honda, Kokubunji City TEL: 042-300-2339, FAX: 042-300-157   |  |  |  |  |  |  |  |  |  |  |  |
| Honda<br>Kokubunji  |   |  |  |  |  |  |  |  |  |  |  |  |
| Honda<br>Kokubunji<br>City  | 2-3-3 Honda, Kokubunji City TEL: 042-300-2339, FAX: 042-300-157  • Kokubunji City Regional Comperhensive Support Center Honda   |  |  |  |  |  |  |  |  |  |  |  |
| Honda<br>Kokubunji  | 2-3-3 Honda, Kokubunji City  TEL: 042-300-2339, FAX: 042-300-157  Kokubunji City Regional Comperhensive Support Center Honda  TEL: 03-3326-7600(main), FAX: 03-3326-304   |  |  |  |  |  |  |  |  |  |  |  |
| Honda<br>Kokubunji<br>City  | 2-3-3 Honda, Kokubunji City  TEL: 042-300-2339, FAX: 042-300-157  Kokubunji City Regional Comperhensive Support Center Honda  3-1-5 Wakaba-cho, Chofu City  TEL: 03-3326-7600(main), FAX: 03-3326-304  Shisei Home Chofu Wakaba Care Center Group Home  |  |  |  |  |  |  |  |  |  |  |  |
| Honda<br>Kokubunji<br>City<br>Wakaba-cho,                             | 2-3-3 Honda, Kokubunji City  TEL: 042-300-2339, FAX: 042-300-157  Kokubunji City Regional Comperhensive Support Center Honda  TEL: 03-3326-7600(main), FAX: 03-3326-304   |  |  |  |  |  |  |  |  |  |  |  |
| Honda<br>Kokubunji<br>City<br>Wakaba-cho,                             | 2-3-3 Honda, Kokubunji City  TEL: 042-300-2339, FAX: 042-300-157  Kokubunji City Regional Comperhensive Support Center Honda  3-1-5 Wakaba-cho, Chofu City  TEL: 03-3326-7600(main), FAX: 03-3326-304  Shisei Home Chofu Wakaba Care Center Group Home  |  |  |  |  |  |  |  |  |  |  |  |
| Honda<br>Kokubunji<br>City<br>Wakaba-cho,                             | <ul> <li>2-3-3 Honda, Kokubunji City</li> <li>TEL: 042-300-2339, FAX: 042-300-157</li> <li>Kokubunji City Regional Comperhensive Support Center Honda</li> <li>3-1-5 Wakaba-cho, Chofu City</li> <li>Shisei Home Chofu Wakaba Care Center Group Home</li> <li>Shisei Home Chofu Wakaba Care Management Center</li> <li>Shisei Home Chofu Wakaba Care Center (Day service center)</li> </ul>   |  |  |  |  |  |  |  |  |  |  |  |
| Honda<br>Kokubunji<br>City<br>Wakaba-cho,<br>Chofu City               | <ul> <li>2-3-3 Honda, Kokubunji City</li> <li>TEL: 042-300-2339, FAX: 042-300-157</li> <li>Kokubunji City Regional Comperhensive Support Center Honda</li> <li>3-1-5 Wakaba-cho, Chofu City</li> <li>Shisei Home Chofu Wakaba Care Center Group Home</li> <li>Shisei Home Chofu Wakaba Care Management Center</li> <li>Shisei Home Chofu Wakaba Care Center (Day service center)</li> </ul>   |  |  |  |  |  |  |  |  |  |  |  |
| Honda<br>Kokubunji<br>City<br>Wakaba-cho,<br>Chofu City<br>Shibasaki, | 2-3-3 Honda, Kokubunji City  Kokubunji City Regional Comperhensive Support Center Honda  3-1-5 Wakaba-cho, Chofu City  TEL: 03-3326-7600(main), FAX: 03-3326-304  Shisei Home Chofu Wakaba Care Center Group Home  Shisei Home Chofu Wakaba Care Management Center  Shisei Home Chofu Wakaba Care Center (Day service center)  1-52-4 Kikunodai, Chofu City  TEL: 042-488-1200, FAX: 042-488-883  |  |  |  |  |  |  |  |  |  |  |  |

Shisei Gakusha Tachikawa Social Welfare Foundation / Comprehensive Welfare Facility for the Elderly

## **Shisei Senior Service Center**

President: Masaaki Hashimoto General Manager: Hiroyuki Asahi Website: http://www.shisei.or.jp

|                        | Name  | Capa-<br>city | User  | Content   | How to apply                          | Self-borne expenses   | Notes  |
|------------------------|---|---------------|---|---|---------------------------------------|---|--|
| Res                    | idential Services   |               |   |   |                                       |   |  |
| Elderly                | Shisei Tokuyo Home (designated welfare institution for the elderly in need of personal care) Opened on March 30, 197  |               |   |   |                                       | 0.101   | Includes group living units (10 persons)   |
| or the El              | Shisei Home Aurinko (designated welfare institution for the elderly in need of personal care) Opened on April 1, 2017 | 129           | Persons whose required care level according to the support requirement certification of long-term care insurance is "care level 3" or above                                   | Constant care, meals and services necessary   | Please consult the facility directly. | Self-borne expenses are not<br>covered by the long-term care<br>insurance, as well as other nec-<br>essary expenses (tenancy fee,   | All unit-based private rooms Residence in a unit of 10 or 11 rooms will be provided.                                   |
| home f                 | Shisei Kiitos Home (designated welfare institution for the elderly in need of personal care) Opened on April 1, 2000  | 70            |   | for daily life will be provided.  |                                       | food expenses, etc.)  *Necessary expenses may be reduced.   | All unit-based private rooms Residence in a unit of 10 rooms will be provided.   |
| Care                   | Shisei Home Minna Tokuyo Home<br>(community-oriented care facility for the elderly)<br>Opened on April 1, 2009        | 29            | Persons whose required care level according to the support requirement certification of long-term care insurance is "care level 3" or above. Persons living in Kokubunji City |   |                                       | Toduccu.  | All unit-based private rooms. Residence in a unit of 10 or 9 rooms will be provided. Persons living in Kokubunji City. |
| ed Home<br>Elderly     | Shisei Wako Home (subsidized home for the elderly Type A) Opened on August 7, 1963                                    | 50            | Persons who have difficulties living at home due to the home environment, housing conditions, etc.  | Meals and services necessary for daily life will<br>be provided. All rooms are designed for private<br>use, with a toilet and small kitchen are installed.  |                                       | Users may bear expenses based on the criteria categories for the collection of expenses.  | Persons living in the Tokyo Metropolitan area. Recreational short stay is available.                                   |
| Subsidize<br>for the E | Shisei Home Suomi<br>(supported independent life style unit)  Opened on April 1, 2003                                 | 50            | Persons who are self-sufficient in daily life   | There are 38 units in total (26 private rooms and 12 two-person rooms), with fully-equipped units, a common lounge and an open restaurant, providing a place for the elderly to lead self-sufficient lives. | Please consult the facility directly. | Lump-sum tenancy fee, administrative fee, living expenses, and management fee   | No requirements for living place   |
| Hor                    | ne Care Services  |               |   |   |                                       |   |  |
| ly (                   | Shisei Tokuyo Home (care home for the elderly)  | 4             | Persons whose required care level according to the support requirement certification of long-term care insurance is "care level 1" or above                                   |   | Please consult with the Care Manager. | Self-borne expenses are not covered by the long-term care insurance, as well as other necessary expenses *Necessary expenses may be | vacant beds  |
| Short Stay             | Shisei Home Aurinko (unit-based care home for the elderly)  | 46            | Persons whose required care level according to the support requirement certification of long-term care in-  | Persons will be admitted for short stays, and constant care, meals and services necessary for daily life will be provided.  |                                       |   | In principle, persons living in Tachikawa City, Hino City and Kunitachi City for commuting services                    |
| ()                     | Shisei Kiitos Home (unit-based care home for the elderly)   | 23            | surance is "support required level 1" or above  |   |                                       | reduced or for given.   | In principle, persons living in Tachikawa City and Kokubunji City for commuting services                               |
| Home                   | Shisei Home Suomi (group home for dementia) Opened on April 1, 2003   | 9             | Persons with mild dementia whose required care level  |   | Please consult the facility directly. | Self-borne expenses are not covered by the long-term care insurance, food expenses, daily life expenses, heating / electric-        | Persons living in Tachikawa City   |
| Group Ho               | Shisei Home Minna (group home for dementia) Opened on April 1, 2009   | 18            | according to the support requirement certification of long-term care insurance is between "support required level 2" and "care level 1-2"                                     | Necessary care for users, meals and services necessary for daily life will be provided.   |                                       |   | Persons living in Kokubunji City   |
| Gre                    | Shisei Home Chofu Wakaba Care Center Group Home (group home for dementia) Opened on January 1, 2012                   | 18            | level 2 and care level 1-2  |   |                                       | ity /water expenses, rent, etc.   | Persons living in Chofu City   |
|                        | Shisei Care Management Center Shisei SWC Care Management Center   |               |   |   |                                       |   | In principle, persons living in Tachikawa City, Hino City and Kunitachi City   |
| nagement<br>Elderly    | Shisei Kiitos Care Management Center  |               | Persons whose required care level according to the  | The maline and account of consultan   | Diagram It diag                       |   | In principle, persons living in Tachikawa City and Kokubunji City  |
| Manag<br>the Eld       | Shisei Kashiwa Care Management Center   |               | support requirement certification of long-term care insurance is "care level 1" or above and who desire in-home care services   | The making and management of care plans, arrangement for use of services, and liaison and coordination will be provided.  |                                       | Free (all fees are covered by the long-term insurance)  | In principle, persons living in Tachikawa City   |
| Care Man<br>for the    | Shisei Care Center Motomachi<br>(care management center)  |               | III-HOME Care services  |   | ·                                     |   | In principle, persons living in Kokubun-<br>ji City, Fuchu City, Kunitachi City, Ko-<br>ganei City and Kodaira City    |
|                        | Shisei Home Chofu Shibasaki Care Management Center  | \             |   |   |                                       |   | In principle, persons living in Chofu City   |
| (0                     | Shisei Aurinko Day Home (Day service center)  | 25            |   | Various activities and training will be pro-  |                                       | 0.101   | In principle, persons living in Tachikawa City, Hino City, and Kunitachi City  |
| ay<br>ices             | Shisei Kiitos Day Service Center  | 30            | Persons whose required care level according to the  | vided during the day (users will return to  | Please consult                        | Self-borne expenses are not covered by the long-term care   | In principle, persons living in Tachika-   |
| Da                     | Kashiwa Chiiki Fukushi Service Center   | 30            | support requirement certification of long-term care insurance is "support required level 1" or above  | their homes at the end of the day), including<br>lunch, oral care, muscular strength rehabili-<br>tation, exercise, bathing and music.  | with the Care<br>Manager.             | insurance, as well as other nec-<br>essary expenses   | wa City and Kokubunji City  In principle, persons living in Kokubun- ii City and in parts of Kynitoshi City            |
|                        | Shisei Care Center Motomachi (Day service center)   | 35            |   |   |                                       |   | ji City, and in parts of Kunitachi City,<br>Koganei City and Fuchu City  |

| Name   | Capa-<br>city   | User  | Content   | How to apply   | Self-borne expenses  | Notes   |  |
|--|-----------------|---|---|--|--|---|--|
| Shisei Home Chofu Wakaba Care Center   | 30              | Persons whose required care level according to the support requirement certification of long-term care in-  | Various activities and training will be provided during the day (users will return to their homes at the end of the day), including lunch,  | Please consult with the Care   | Self-borne expenses are not covered by the long-term care insurance, as well as other nec-               | In principle, persons living in Chofu City, Komae City and Setagaya ward  |  |
| Shisei Home Chofu Shibasaki Care Center  | 20              | surance is "support required level 1" or above  | oral care, muscular strength rehabilitation, exercise, bathing and music.   | Manager.   | essary expenses  | In principle, persons living in Chofu<br>City and Mitaka City   |  |
| Shisei Aurinko Day Home (Day service center)   | 12              | Persons with senile dementia whose required care lev-   | Various activities and training will be pro-  |  | Self-horne expenses are not  | In principle, persons living in Tachika-  |  |
| Shisei Aurinko Day Home (Day service center)  Shisei Kiitos Day Service Center  Kashiwa Chiiki Fukushi Service Center                                      | 24<br>12        | el according to the support requirement certification of long-term care insurance is "support required level 1"   | vided during the day (users will return to their homes at the end of the day), including  | with the Care  |  |   |  |
| Shisei Home Chofu Wakaba Care Center   | 12              | or above  | lunch, oral care, muscular strength rehabilitation, exercise, bathing and music.  | Manager.   | essary expenses  | In principle, persons living in Chofu City  |  |
| Shisei Home Komi Home Helper Station   |                 | Persons whose required care level according to the support requirement certification of long-term care in-  | Assistance in nursing care will be provided, primarily with meals, toileting, personal hy-  | Please consult with the Care   | Self-borne expenses are not covered by the long-term care  | In principle, persons living in Tachikawa City, Hino City and Kunitachi City                                      |  |
| Shisei Kiitos Home Helper Station  |                 | surance is "support required level 1" or above  | giene, accompanying on outings and consultations.   | Manager.   | insurance, as well as other nec-<br>essary expenses  | In principle, persons living in Tachikawa City and Kokubunji City   |  |
| Shisei Home Minna Care Services at the small-scale multifunctional facility  | Registration 25 | Persons whose required care level according to the support requirement certification of long-term care insurance is "support required level 1" or above | 3 kinds of services:" Come for the Day, Stay<br>Overnight, Visit" for registered users ac-<br>cording to their needs.   | Please consult the facility directly.                                  | Self-borne expenses are not covered by the long-term care insurance, as well as other necessary expenses | Persons living in Kokubunji City<br>Coming for the day: 15 persons a day<br>Staying over night: 5 persons a night |  |
| Tachikawa City Nishiki Welfare Consultation Center (commissioned by Tachikawa City)  |                 |   | This center provides consultations on personal care of the elderly, and accepts and makes applications for various public services including the support requirement certification on behalf of applicants. |  |  | Persons living in Tachikawa City  |  |
| Tachikawa City Hokubu Naka Saiwai Regional Comprehensive Support Center (commissioned by Tachikawa City)   |                 |   |   | center directly.   |  |   |  |
| Kokubunji Regional Comprehensive Support Center Motomachi (commissioned by Kokubunji City)   |                 | Persons who need consultation concerning personal   | This center provides comprehensive consultations on the prevention of long-term   |  |  | Persons living in Kokubunji City  |  |
| Kokubunji Regional Comprehensive Support Center Namiki (commissioned by Kokubunji City)  Kokubunji Regional Comprehensive Support                          |                 | care of the elderly, etc.   | care and welfare services, consultations on<br>preventative plans of long-term care (for<br>persons whose care level states they require  |  |  |   |  |
| Center Honda (commissioned by Kokubunii City)  |                 |   | support, or those who are vulnerable), and accepts applications.  |  |  |   |  |
| Chofu City Regional Comprehensive Support Center Shibasaki (commissioned by Chofu City)  |                 |   |   |  |  | Persons living in Chofu City  |  |
| Others   |                 |   |   |  |  |   |  |
| Shisei Home Suomi Flat for the Elderly  "Seseragi" (rental Flat for the elderly)  Opened on October 1, 2000  Shisei Home Minna Flat for the Elderly "Raku" | 15<br>unit      | Persons living alone who are self-sufficient in daily   | This housing is equipped with facilities geared toward the elderly, with an administrator in residence who can respond to emergencies.  | Consultation section, Welfare for the elderly division, Tachikawa City | Rent (reductions and exemptions are permitted)   | No requirement for living place   |  |
| Shisei Home Minna Flat for the Elderly "Raku" (rental Flat for the elderly)  Opened on April 1, 2009   | 7<br>flats      | life  | Rental flats for the elderly. If they wish, the residents can receive meal and support services.  | Please consult   | Rent   |   |  |
| Wako Clinic (clinic) Opened on June 1, 1973  |                 | Persons in need of medical care   | Medical care is provided in internal medicine, ophthalmology, orthopedics, dermatology, dental and psychological-internal treatment.  | Please contact the clinic directly.                                    | There is self-pay burden according to the medical care system.   | No requirement for living place   |  |
| Shisei Komi Home "Ikoinoba"  Opened on May 18, 2001  |                 | Elderly persons living around Komi Home   | Open place for relaxation of elderly persons in the area.   | Please consult<br>Shisei Komi<br>Home directrly.                       | 200 yen per month  |   |  |
| Shisei Active Center   | 10              |   | Acting mainly on rehabilitation, gymnastics and activities.   | Please contact Shisei Home directly.                                   | One time 500 yen   |   |  |
| Friendship Projects Friendship Dinner Services   |                 | Elderly persons who have difficulty preparing meals   | Dinner will be delivered to elderly persons' homes three times a week (Monday, Wednesday and Friday).   | Please contact   | 600 yen per meal   | Persons living in the southern area of<br>Tachikawa City  |  |
| Food Services (home delivery and provision at the facility)  |                 | due to living alone, etc.   | Meal delivery service are delivered to elderly persons' homes by home helpers, in principle, and for provision at a facility, elderly persons visit the facility to eat.                                    | Shisei Home<br>directly.   | Breakfast: 300 yen<br>Lunch and dinner: 600yen each  | Persons living in Tachikawa City  |  |

4 5

# Shisei Gakusha Tachikawa Social Welfare Corporation-History of

## the Projects Implemented by Shisei Senior Service Center

|                         | Content of Project   | Starting             | 77 78 7         | 79 80 81                        | 82 83 8       | 4 85 86             | 87 88 89            | 90 91 92 | 93 94  | 95 96 97            | 98 99 0                                      | 0 01 02 03          | 04 05             | 06 07               | 08 09 1 | 10 11 12 | 2 13 14 1                         | 5 16 17     | 18 Capacit           | Notes  |
|-------------------------|--|----------------------|-----------------|---------------------------------|---------------|---------------------|---------------------|----------|--------|---------------------|--|---------------------|-------------------|---------------------|---------|----------|-----------------------------------|-------------|----------------------|--|
| -                       | hisei Wako Home  | Aug 1963             |                 |                                 |               |                     |                     |          |        |                     |  |                     |                   |                     |         |          |                                   |             | 50 perso             |  |
|                         | Recreational stay service (voluntary) hisei Tokuyo Home  | Apr 1991<br>Mar 1977 |                 |                                 |               |                     | $\perp$             |          |        |                     |  |                     |                   |                     |         |          |                                   |             | 2 perso<br>96 perso  |  |
| <u>ــ</u> ا             | Short stay service for the elderly   | Apr 1977             |                 | • • •                           |               |                     |                     |          |        |                     |  |                     |                   |                     |         |          |                                   |             | 4 perso              | ns   |
|                         | hisei Home Aurinko   | Apr 2017             |                 |                                 |               |                     |                     | ļ        |        |                     |  |                     | -                 |                     |         |          |                                   | <del></del> | #                    | ns Established in 2017. ns Established in 2017. 3rd floor is for community support (40 beds) and spare beds (6 beds).                              |
|                         | Short stay service for the elderly hisei Kiitos Home   | Apr 2017<br>Apr 2000 |                 |                                 |               |                     | ++                  |          |        |                     |  |                     | ╡  =              |                     |         |          | +++                               |             | 46 perso<br>70 perso |  |
|                         | Short stay services for the elderly  | Apr 2000             |                 |                                 |               |                     |                     | 1        |        |                     |  |                     |                   |                     |         |          |                                   |             |                      | ns Started preventative services for long-term care in fiscal 2006.  |
| 2 S                     | hisei Home Suomi   | Apr 2003             |                 |                                 |               |                     |                     |          |        |                     | -  | +++                 | ┥ ┝               | +++                 |         |          | +++                               |             | 50 perso             | ns   |
| s                       | hisei Home Minna Tokuyo Home   | 4 2000               |                 | +                               |               |                     | ++                  |          |        |                     |  | +++                 | $\dashv \vdash$   | +++                 |         |          |                                   |             | 20 m amas            |  |
|                         | (Community-oriented care facility for the elderly)   | Apr 2009             |                 |                                 |               |                     |                     |          |        |                     |  |                     |                   |                     |         |          |                                   |             | 29 perso             | IIS  |
| Φ. σ                    | Shisei Home Suomi (Group home)   | Apr 2003             |                 |                                 |               |                     |                     |          |        |                     |  |                     |                   |                     |         |          |                                   |             | 9 perso              | ons  |
| p Home                  | The state of the s |                      |                 |                                 |               |                     | ++                  |          |        |                     |  |                     | $\dashv$ $\vdash$ | +++                 |         |          | +++                               |             |                      |  |
| H dr                    | Shisei Home Minna (Group home)   | Apr 2009             |                 |                                 |               |                     |                     |          |        |                     |  |                     |                   |                     |         |          |                                   |             | 18 perso             | ons  |
| 2.0                     | Shisei Home Chofu Wakaba (Group home)  | Jan 2012             |                 |                                 |               |                     |                     |          |        |                     |  |                     |                   |                     |         |          |                                   |             | 18 perso             | ons  |
|                         | Shisei Aurinko Day Home  | Oct 1977             |                 |                                 | $\perp$       |                     | +                   |          |        |                     | +  |                     | ╡╘                |                     |         | ++       | +++                               |             | 27 /                 | As a foundation began Japan's first day care center, short stay, bathing service, day home project.  |
|                         | Day service center   | Apr 2000             |                 |                                 |               |                     |                     |          | 1      |                     |  |                     |                   |                     |         |          |                                   |             | 37 pers./c           | Converted into Shisei Home Aurinko Day Home in fiscal 2017.  |
| er                      | Kashiwa Chiiki Fukushi Service Center Day service center   | Apr 1993<br>Apr 2000 |                 |                                 |               |                     |                     | ļ        |        |                     |  |                     |                   |                     |         |          |                                   |             | 42 pers./c           | lay  |
| Seni                    |  | 1                    |                 |                                 |               |                     | ++                  |          |        |                     |  |                     |                   |                     |         |          |                                   |             | 54 pers./c           | lov.   |
| 9                       | Shisei Kiitos Day Service Center   | Apr 2000             |                 | $\perp \! \! \perp \! \! \perp$ |               | $\perp \perp \perp$ | $\perp \! \! \perp$ |          |        |                     | $\perp \! \! \perp$                          |                     | _                 |                     |         |          |                                   |             | 34 pers./0           |  |
| Ž                       | Shisei Care Center Motomachi   | Apr 2006             |                 |                                 |               |                     |                     |          |        |                     |  |                     |                   |                     |         |          |                                   |             | 32 pers./c           | Opened inside "Sawayaka Plaza Motomachi," complex facility for elderly persons in Kokubunji City, in April 2006.                                   |
| Š                       | Shisei Home Chofu Wakaba Care Center   | Jan 2012             |                 |                                 |               |                     |                     |          |        |                     |  |                     | <b>-</b>          |                     |         |          |                                   |             | 42 pers./c           |  |
| Day                     | Sinser Home Chord Wakaba Care Center   | Jan 2012             |                 | +                               |               |                     | ++                  |          |        |                     |  | +++                 | -   -             | +++                 |         |          |                                   |             |                      |  |
|                         | Shisei Home Chofu Shibasaki Care Center  | Jan 2013             |                 |                                 |               |                     |                     |          |        |                     |  |                     |                   |                     |         |          |                                   |             | 20 pers./c           | lay  |
| lper                    | Shisei Kiitos Home Helper Station Shisei Home Komi Home Helper Station   | Apr 2000             |                 |                                 |               |                     |                     |          |        |                     | ┰  |                     | <b>=</b>          |                     |         |          |                                   |             |                      |  |
| e Fe                    |  | 1                    |                 | +                               |               |                     | ++                  |          |        |                     |  | +++                 | $\dashv \vdash$   | $\blacksquare$      |         |          | +++                               |             |                      |  |
| 훋                       | Shisei Home Komi Home Helper Station   | Apr 2004             |                 |                                 |               |                     |                     |          |        |                     |  |                     |                   | H                   |         |          |                                   |             |                      |  |
|                         | Shisei Care Management Center  | Apr 2000             |                 |                                 |               |                     |                     |          |        |                     | -  |                     | ┥ ┝               | +++                 |         | ++       | +++                               |             |                      |  |
| ent<br>V                |  |                      |                 |                                 |               |                     | +                   |          |        |                     |  |                     | $\dashv \vdash$   | +++                 |         |          |                                   |             |                      |  |
| ine i                   | Shisei SWC Care Management Center  | Apr 2015             |                 |                                 |               |                     | $\perp$             |          |        |                     |  | $\perp \perp \perp$ | 4                 | $\perp \perp \perp$ |         |          | +                                 |             |                      | 0 1177 1 0 1 2015  |
| nageme                  | Shisei Kiitos Care Management Center   | Apr 2000             |                 |                                 |               |                     |                     |          |        |                     | -  | +++                 | ┥ ┝               |                     |         |          |                                   |             | _                    | Social Work Center was established in 2015.  |
| lang<br>e               | Shisei Kashiwa Care Management Center  | Apr 2000             |                 |                                 |               |                     |                     |          |        |                     |  |                     |                   |                     |         |          |                                   |             |                      |  |
| e r                     | 5  | Api 2000             |                 | +                               |               |                     | +                   |          |        |                     |  |                     | 7 F               | $\Box$              |         |          |                                   |             |                      | Opened inside "Sawayaka Plaza Motomachi," complex facility for elderly persons in Kokubunji City, ir   |
| Cal                     | Shisei Care Center Motomachi   | Apr 2006             |                 |                                 |               |                     |                     |          |        |                     |  |                     |                   | H                   |         |          |                                   |             | -                    | April 2006.  |
|                         | Shisei Home Chofu Shibasaki  | Apr 2013             |                 |                                 |               |                     |                     |          |        |                     |  |                     | 7                 |                     |         | T.       |                                   |             |                      |  |
|                         | Care Management Center   | 1                    |                 | +                               |               |                     | +                   |          |        |                     |  | +++                 | $\dashv$ $\vdash$ | +++                 |         |          | +++                               |             |                      | Commissioned by Tachikawa City. Shisei Home Care Support Center until fiscal 2005, and converted   |
|                         | Tachikawa City Nishiki Welfare Consultation Center   | Apr 1993             |                 |                                 |               |                     |                     |          |        | • • • • •           | <u>-                                    </u> | -   -               |                   |                     |         |          |                                   |             |                      | Tachikawa City Nishiki Welfare Consultation Center in fiscal 2006.   |
| 6                       | Tachikawa City Hokubu Naka Saiwai Regional   | Apr 2001             |                 |                                 |               |                     |                     |          |        |                     |  |                     | -                 | +                   |         | $\perp$  | +++                               |             |                      | Commissioned by Tachikawa City. Converted into Tachikawa City Hokubu Naka Saiwai Regional  |
| ETC                     | Comprehensive Support Center Kokubunji Regional  |                      |                 | +                               |               |                     | ++                  |          |        |                     |  |                     | $\dashv \vdash$   | +++                 |         | +        | +++                               |             |                      | Comprehensive Support Center in fiscal 2006.  Opened inside "Sawayaka Plaza Motomachi," complex facility for elderly persons in Kokubunji City, ir |
| Iter                    | Comprehensive Support Center Motomachi   | Apr 2006             | $\sqcup \sqcup$ | $\perp \! \! \perp \! \! \perp$ | $\perp \perp$ | $\coprod$           | $\perp \perp$       | $\Box$   | $\Box$ | $\perp \perp \perp$ | $\perp \! \! \perp$                          | $\bot \bot \bot$    | _  L              | <b>₽</b>            |         |          |                                   |             |                      | April 2006. The Home Care Support Center was commissioned by Kokubunji City in fiscal 2007.  |
| Cen                     | Kokubunji Regional<br>Comprehensive Support Center Namiki  | Apr 2009             |                 |                                 |               |                     |                     |          |        |                     |  |                     |                   |                     |         | ++       | +++                               |             | -                    | Converted into Kokubunji Regional Comprehensive Support Center Namiki in fiscal 2013. Commissioned by Kokubunji City.                              |
| r o                     | Kokubunji Regional   | Oct 2013             | ++              | +                               | ++            | +++                 | +                   | ++       | +++    |                     | +  | +++                 | $\dashv$ $\vdash$ | +++                 | +   +   | ++       |                                   |             |                      | Commissioned by Kokubunji City.  Commissioned by Kokubunji City in fiscal 2013.  |
| ddr                     | Comprehensive Support Center Honda   |                      |                 | +                               | +             | + + +               |                     | ++       | +++    | +                   | $+\!\!+\!\!\!+$                              | +++                 | -   -             | + + +               |         | ++       | $+$ $\overline{+}$ $\overline{-}$ |             | 1                    |  |
| ∣ଊี                     | Chofu City Regional Comprehensive Support Center Shibasaki   | Jan 2013             |                 |                                 |               |                     |                     |          |        |                     |  |                     |                   |                     |         |          | ++                                |             | ┥                    |  |
|                         | Shisei Home Minna Care Service   | Apr 2009             |                 |                                 |               |                     |                     |          |        |                     | $\dashv \dagger$                             |                     | 7                 |                     |         |          |                                   |             | registrati           | Established in April 2009.   |
| ō                       | at the small-scale multifunctional facility Shisei Home Suomi Flat for the Elderly   |                      | $\overline{}$   | +                               | +             | +++                 |                     |          | +++    |                     | +  |                     | $\dashv$ $\vdash$ | +                   | ++      | ++       | +++                               |             | 25                   | come for the day: 15 persons 1 day, stay over night: 5 persons 1 night   |
| Flatf                   | "Seseragi"   | Oct 1990             |                 |                                 |               |                     |                     |          |        |                     | $\pm \pm$                                    |                     | <u> </u>          |                     |         |          |                                   |             | 15 unit              |  |
| ental<br>the Fi         | Shisei Home Suomi Flat for the Elderly "Seseragi"  Shisei Home Minna Flat for the Elderly "Raku"   | Apr 2009             |                 |                                 |               |                     |                     |          |        |                     |  | T                   |                   |                     |         | +        | $+ \mp \mp$                       | $\Box$      | 7 flat               |  |
| œ*                      |  | <u> </u>             | $\coprod$       |                                 |               | <del>       </del>  |                     | +        | ++     |                     |  |                     |                   |                     |         |          |                                   |             |                      |  |
| ی خ                     | Silverpia (Life Support Adviser)   | Apr 2012             |                 |                                 |               |                     |                     |          |        |                     |  |                     |                   |                     |         | -        | +++                               | +           | -                    | Commissioned by Tachikawa City   |
| ect                     | Waka Clinic  | Jun 1072             |                 |                                 |               |                     |                     |          |        |                     |  |                     |                   |                     |         |          |                                   |             |                      | Internal medicine, orthopedics, ophthalmology. There were 19 beds for hospitalization at the time of   |
| Voluntary<br>Projects   | Wako Clinic  | Jun 1973             |                 |                                 |               |                     |                     |          |        |                     |  |                     |                   |                     |         |          |                                   |             |                      | establishment, but hospitalization was suspended in 1993.  |
| Others / V<br>Welfare F | Friendship Dinner Services   | Feb 1998             |                 |                                 |               |                     |                     |          |        |                     | +  |                     | ┥ ┝               | +++                 |         | ++       | +++                               |             | -                    | Target members of Friendship project "Shisei Home Tomo no kai." Three times a week. (Mon, Wed, Fri)  |
| er:                     | Shisei Active Center   | Mar 2008             |                 | +                               | ++            | +++                 |                     |          | +++    |                     | +  |                     | $\dashv \vdash$   |                     |         |          |                                   |             | _                    | Times unico a week. (Mon, Med, 111)  |
| _ o                     | T. Control of the Con | 1                    |                 |                                 |               | $\perp$             |                     |          |        | 1 1 1               | 1 1  | 1 1 1               | 1 I               | 1 1 1               | 1 I     | 1 1      | 1 1 1                             | 1 1         |                      |  |